South Bay Volleyball Club is dedicated to providing an environment where an athlete can grow as a player and person. The skills taught and the commitment required will enable the individual player to reach personal goals and help the team reach its potential.

Larry Smoot has served as head coach for almost 25 years. In that time, South Bay has earned a national reputation for producing quality players and people. More than 170 athletes have gone on to compete at the collegiate level. Our staff consists of some of the most talented coaches in the area and is committed to providing the best learning environment.

17 and 18 & UNDER INFO SHEET
(Juniors and Seniors)

PRACTICES

TIMES: Two team practices per week on Tuesday, Wednesday and/or Thursday from approximately 7:00 p.m. to 9:15 p.m. The monthly calendar will show exact practice times and dates.

Prime Athletes will be mandatory for players on the 17-1 and 18-1 teams. It is open to all other 17s and 18s players and we encourage them to participate. The workouts will be held before practices for 45 minutes.

17-1 and 18-1 will practice an additional third night every other week at a "specialities" type practice; any player from another 17s or 18s team who wishes to practice is encouraged to come.

LOCATION: The Home Depot Center Velodrome, Carson

TOURNAMENTS

- SCVA Tournaments: All teams will play in SCVA mandatory tournaments. Tournament sites are posted at www.scvavolleyball.org the week prior to the tournament.
- Las Vegas Tournament: 18-1 and 17-1 will play in the Las Vegas Invitational, February 18-20.
- Junior Olympic Qualifiers: The 18-1 and 17-1 teams will play in the SCVA Qualifier and will travel to another qualifier in March or April, location TBD.
- End of Season Tournament: The 18-1, 17-1, and 17-Gold teams will attend the Junior Nationals, AAUs, or the Volleyball Festival at the end of the season. The 18-Blue and 17-Blue teams will be non-travel teams and will not attend these tournaments.

*****All Practices and Tournaments are Mandatory*****

Transportation for Travel Tournaments-
ALL PLAYERS ARE REQUIRED TO ARRANGE AND PAY FOR THEIR OWN TRANSPORTATION (airfare) TO/FROM TRAVEL TOURNAMENTS. Ground transportation, hotel arrangements and food during the travel tournaments will be provided. Players will be notified as to the travel arrangements for SBVC staff in the event players wish to travel with the coaches.

Prime Athletes-
Prime Athletes training will be mandatory for all "1" team members and highly recommended by staff for all others. The fee is ***$415*** for six months of training. This fee includes a Theraband used for shoulder injury prevention.

Registration-
Once you have verbally committed to South Bay VBC, a $700 deposit will be required within 3 days to hold your spot. The deposit becomes non-refundable after the commitment date November 21st. Go to www.southbayvbc.com, click on the Registration link on the home page, and follow the screens to register. You can make the $700 payment with a credit card online or by mailing in a check**.**

Parent Meeting-
Once you are notified that you have made the club, there will be a mandatory parent meeting Tuesday, November 29th at 6:30pm at the Velodrome.

First Practice-
The first team practice will be held on November 29th immediately following the parent meeting.

2011-2012 SEASON COSTS

After the initial deposit of $700 is paid, you will be put on a payment schedule to pay off the remaining dues. Payments will be made on the 1st of the month December –June and can be made with cash, a check or credit card.

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18-Gold and 17-Gold Fees – Travel Team

2011-2012 South Bay VBC Program fees **$2600**

This includes:

- Program instructors/coaches
- 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack
- SCVA Qualifying, Mandatory and Regional Tournaments

End of Season Tournament (Junior Nationals/AAUs/Festival) **$900***

TOTAL FEES **$3500**

(Prime Athletes Conditioning is optional. For your daughter to participate, please add $415 to this total.)

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