



South Bay Volleyball Club is dedicated to providing an environment where an athlete can grow as a player and person. The skills taught and the commitment required will enable the individual player to reach personal goals and help the team reach its potential.

Larry Smoot has served as head coach for almost 25 years. In that time, South Bay has earned a national reputation for producing quality players and people. More than 170 athletes have gone on to compete at the collegiate level. Our staff consists of some of the most talented coaches in the area and is committed to providing the best learning environment.

13 and 14 & UNDER INFO SHEET (7th and 8th Graders)

PRACTICES

TIMES: Two nights a week on Tuesday, Wednesday and/or Thursday from approximately 5:00-7:15 pm. The monthly calendar will show exact practice times and dates. Practices will start on October 11th. Practices in October and November will not follow the typical Tues/Thurs schedule. A calendar of exact practice days will be emailed out once you commit to the club.

Prime Athletes will be mandatory for players on the 13-1 and 14-1 teams. It is open to all other 13s and 14s players and we encourage them to participate. The workouts will be held after practices for 45 minutes.

LOCATION: The Home Depot Center Velodrome, Carson

TOURNAMENTS

- **SCVA Tournaments:** All teams will play in SCVA mandatory tournaments. Tournament sites are posted at www.scvavolleyball.org the week prior to the tournament.
- **Junior Olympic Qualifiers:** The 14-1 and 13-1 teams will compete in the SCVA qualifier. The 14-1 team will travel to another qualifier in March or April, location TBD.
- **End of the Year Tournament:** The 14-1, 13-1, 14-Gold, and 13-Gold teams will attend the Junior Nationals, the Volleyball Festival, or AAUs at the end of the season. The 14-Blue and 13-Blue teams will be non-travel teams and will not attend these tournaments.

*****All Practices and Tournaments are Mandatory*****

Transportation for Travel Tournaments-

ALL PLAYERS ARE REQUIRED TO ARRANGE AND PAY FOR THEIR OWN TRANSPORTATION TO/FROM TRAVEL TOURNAMENTS. Ground transportation, hotel arrangements and food during the travel tournaments will be provided. Players will be notified as to the travel arrangements for SBVC staff in the event players wish to travel with the coaches.

Prime Athletes

Prime Athletes training will be mandatory for all players on the 13-1 and 14-1 teams and is highly recommended for all others athletes. The fee is **\$415** for six months of training. This fee includes a Theraband used for shoulder injury prevention.

Registration

Once you have verbally committed to South Bay VBC, a \$700 deposit will be required within 3 days to hold your spot. The deposit becomes non-refundable after the commitment date October 10th. Go to www.southbayvbc.com, click on the Registration link on the home page, and follow the screens to register. You can make the \$700 payment with a credit card online or by mailing in a check.

Parent Meeting and First Practice

Once you are notified that you have made the club, the first practice will be Tuesday, October 11th, 5pm-7pm. A mandatory parent meeting will be that same night starting at 7pm.

2011-2012 SEASON COSTS

After the initial deposit of \$700 is paid, you will be put on a payment schedule to pay off the remaining dues. Payments will be due on the 1st of the month, November –May, and can be made with cash, a check or credit card.

14-1 Fees – Travel Team

2010-2011 South Bay VBC Program fees **\$2600**

This includes:

- Program instructors/coaches
- 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack
- SCVA Qualifying, Mandatory and Regional Tournaments
- Local JO Qualifier tournament entry

Prime Athletes Conditioning *2x/week for 6 months* **\$415**

Junior Olympic Qualifier *(location TBD)* **\$675***

End of Season Tournament *(Junior Nationals, Festival or AAUs)* **\$900***

TOTAL FEES **\$4590**

13-1 Fees – Travel Team

2011-2012 South Bay VBC Program fees **\$2600**

This includes:

- Program instructors/coaches
- 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack
- SCVA Qualifying, Mandatory and Regional Tournaments
- Local JO Qualifier tournament entry

Prime Athletes Conditioning *2x/week for 6 months* **\$415**

End of Season Tournament *(Junior Nationals, Festival or AAUs)* **\$900***

TOTAL FEES **\$3915**

14-Gold and 13-Gold – Travel Teams

2011-2012 South Bay VBC Program fees **\$2600**

This includes:

- Program instructors/coaches
- 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack
- SCVA Qualifying, Mandatory and Regional Tournaments

End of Season Tournament (*Junior Nationals/Festival*) **\$900***

TOTAL FEES **\$3500**

(Prime Athletes Conditioning is optional. For your daughter to participate, please add \$415 to this total.)

14-Blue and 13-Blue – Non-Travel Teams

2011-2012 South Bay VBC Program fees **\$2600**

This includes:

- Program instructors/coaches
- 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack
- SCVA Qualifying, Mandatory and Regional Tournaments

TOTAL FEES **\$2600**

(Prime Athletes Conditioning is optional. For your daughter to participate, please add \$415 to this total.)

*Travel fees include coach's fees, coach's transportation, lodging, chaperone expenses, tournament entry, player lodging, transportation at the tournament, and food. They do not include airfare.

It is possible that there will be a final payment due June 15th once the end-of-season tournament selection and expenses are finalized. (For the 2004-5 season, the final fee was \$200)