



South Bay Volleyball Club is dedicated to providing an environment where an athlete can grow as a player and person. The skills taught and the commitment required will enable the individual player to reach personal goals and help the team reach its potential.

Larry Smoot has served as head coach for almost 25 years. In that time, South Bay has earned a national reputation for producing quality players and people. More than 170 athletes have gone on to compete at the collegiate level. Our staff consists of some of the most talented coaches in the area and is committed to providing the best learning environment.

## 12's INFO SHEET

(PLAYERS WHO WERE BORN ON OR AFTER **SEPTEMBER 1<sup>st</sup> 1999**)

### **PRACTICES:**

#### **TIMES:**

Tuesday and Thursday from approximately 4:45 p.m. to 6:30 p.m. The monthly calendar will show exact practice times and dates. Practices will start on October 11th. Practices in October and November will not follow the typical Tues/Thurs schedule. A calendar of exact practice days will be emailed out once you commit to the club.

Prime Athletes will be mandatory for players on the 12-1 team. It is open to all other 12 and under players and we encourage them to participate. The workouts will be held after practices for 30 minutes.

**LOCATION:** The Home Depot Center Velodrome, Carson

### **TOURNAMENTS:**

- **SCVA Tournaments:** All teams in the 12 & under age division will play in all the SCVA mandatory tournaments. There will be approximately two tournaments a month, held in the greater Los Angeles area. Tournament dates are posted at [www.scvavolleyball.org](http://www.scvavolleyball.org).
- **End of the Year Tournament:** The 12-1 Team will attend the Junior Nationals, AAUs, or the Volleyball Festival at the end of the season. The 12-Gold and 12-Blue teams will not attend these tournaments.

**\*\*\*All Practices and Tournaments are Mandatory\*\*\***

### **Transportation for Travel Tournaments-**

PLAYERS ARE REQUIRED TO ARRANGE AND PAY FOR THEIR OWN TRANSPORTATION TO/FROM TRAVEL TOURNAMENTS. Ground transportation, hotel arrangements and food during the travel tournaments will be provided. Players will be notified as to the travel arrangements for SBVC staff in the event players wish to travel with the coaches.

### Prime Athletes

Prime Athletes training will be mandatory for 12-1 team members and highly recommended for all others. The fee is **\$400** for five months of training. This fee includes a Theraband used for shoulder injury prevention.

### REGISTRATION

Once you have verbally committed to South Bay VBC, a \$700 deposit will be required within 3 days to hold your spot. The deposit becomes non-refundable after the commitment date October 10th. Go to [www.southbayvbc.com](http://www.southbayvbc.com), click on the Registration link on the home page, and follow the screens to register. You can make the \$700 payment with a credit card online or by mailing in a check.

### Parent Meeting and First Practice

Once you are notified that you have made the club, the first practice will be Tuesday, October 11<sup>th</sup>, 5pm-7pm. A mandatory parent meeting will be that same night starting at 7pm.

## 2011-2012 SEASON COSTS

After the initial deposit of \$700 is paid, you will be put on a payment schedule to pay off the remaining dues. Payments will be due on the 1<sup>st</sup> of the month, November – April, and can be made with cash, a check or credit card.

---

<u>12-1 Fees</u> (Travel Team)	
<b>2011-2012 South Bay VBC Program fees</b>	<b>\$2600</b>
This includes:	
<ul style="list-style-type: none"><li>• Program instructors/coaches</li><li>• 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack</li><li>• SCVA Qualifying, Mandatory and Regional Tournaments</li><li>• SCVA Junior National Qualifying Tournament</li></ul>	
<b>Prime Athletes Conditioning <i>2x/week for 5 months</i></b>	<b>\$400</b>
<b>End of Season Tournament (<i>Junior Nationals, Festival, or AAUs</i>)</b>	<b>\$900*</b>
<b>TOTAL FEES</b>	<b>\$3900</b>

---

<u>12-Gold, 12-Blue Fees</u> (Non-Travel Teams)	
<b>2011-2012 South Bay VBC Program fees</b>	<b>\$2600</b>
This includes:	
<ul style="list-style-type: none"><li>• Program instructors/coaches</li><li>• 2 practice t-shirts, 2 jerseys, 1 t-shirt jersey, 2 spandex shorts, sweat top, sweat pants, 2 pairs of socks, backpack</li><li>• SCVA Qualifying, Mandatory and Regional Tournaments</li></ul>	
<b>TOTAL FEES</b>	<b>\$2600</b>
<i>(Prime Athletes Conditioning is optional. For your daughter to participate, please add \$400 to this total.)</i>	

---

\*Travel fees include coach's fees, coach's transportation, lodging, chaperone expenses, tournament entry, player lodging, transportation at the tournament, and food. They do not include airfare.